

DECLARATION BY THE SCHOLAR

I **T. GANESH BABU**, Regular Scholar of Doctor of Philosophy, in the Department of Physical Education, Tamil Nadu Physical Education and Sports University hereby declare that the thesis entitled **“EFFECT OF ASANAS AEROBICS AND PROPRIOCEPTIVE TRAINING ON SELECTED MOTOR FITNESS PHYSIOLOGICAL AND PERFORMANCE VARIABLES AMONG FOOTBALL PLAYERS”** submitted to Tamil Nadu Physical Education and Sports University for the award of the Degree Doctor of Philosophy in Physical Education is my original work done by me under the supervision and guidance of **Dr. P. GOPINATHAN**, Assistant Professor, Department of Sports Psychology and Sociology, Tamil Nadu Physical Education and Sports University, Chennai and it has not previously formed the basis for the award of any Degree, Diploma Associateship, Fellowship or any other similar titles to any candidate of any University.

Place :

Date :

(T. GANESH BABU)